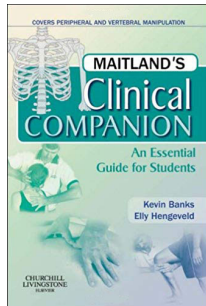


**MAITLAND'S CLINICAL COMPANION, An essential guide for students**



**Autor:** Banks  
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## **DESCRIPTION:**

Maitland's Clinical Companion is the ideal reference for students who need support during their neuromusculoskeletal clinical practice in areas such as communication, clinical reasoning, examination and assessment. It is a vital source for understanding the role of mobilisation and manipulation in helping to maximize the recovery, rehabilitation and functioning of patients with movement-related disorders.

The principles of the Maitland Concept of Manipulative Physiotherapy are applied to each body region so as to guide the student through to the appropriate selection, application and progression of mobilisation and manipulation techniques within the context of contemporary physiotherapeutic rehabilitation.

A vital companion to the classic texts - Vertebral and Peripheral Manipulation - which promotes a patient-centred approach to neuromusculoskeletal disorders.

## **Key Features:**

- Learning objectives and self-assessment questions in every chapter enables students to reflect on their knowledge
- Case studies highlights key aspects of the concepts to clinical practice
- Clinical profiles for common neuromusculoskeletal conditions
- Techniques described and accompanied by over 500 images
- Picture key to identify types of examination, decision-making and techniques within the text

## **CONTENTS:**

### **Section 1-Principles**

- Chapter 1. How to use the Maitland Concept of Manipulative Physiotherapy in Clinical Practice: An overview
- Chapter 2. How to explain the Maitland concept to patients and to colleagues
- Chapter 3. How to define Mobilisation and Manipulation
- Chapter 4. The evidence which supports the use of mobilisation /manipulation in clinical practice
- Chapter 5. Paradigms and Models: The overall role of mobilisation and manipulation in rehabilitation and clinical practice
- Chapter 6. Clinical Reasoning and the Maitland Concept of Manipulative Physiotherapy
- Chapter 7. How and when to assess and reassess the effect of each technique
- Chapter 8. How to carry out an ordered, structured, and individualised NMSK [Movement] Examination
  - 8a-Format and aims of examination
  - 8b-Communication
  - 8c-Subjective Examination [C/O]
  - 8d-Planning Physical Examination
  - 8e-Physical Examination [P/E]
- Chapter 9. How to decide when to use mobilisation and manipulation techniques
- Chapter 10. How to select and progress the most appropriate technique[s]
- Chapter 11. How to perform mobilisation and manipulation techniques effectively
- Chapter 12. Neuromusculoskeletal disorders which are more likely to respond to mobilisation and manipulation
- Chapter 13. How to integrate the gains made from mobilisation and manipulation to help restore Functional Capacity and Performance
- Chapter 14. The role of mobilisation and manipulation for patient who have chronic/chronic severe problems

### **Section 2-Practice**

- Chapter 15. How to Examine, Treat and Assess the Cervical Region
  - Chapter 16. How to Examine, Treat and Assess the Temporomandibular region
  - Chapter 17. How to Examine, Treat and Assess the Shoulder/Shoulder girdle region
  - Chapter 18. How to Examine, Treat and Assess the Elbow region
  - Chapter 19. How to Examine, Treat and Assess the Wrist and Hand region
  - Chapter 20. How to Examine, Treat and Assess the Thoracic/ribcage region
  - Chapter 21. How to Examine, Treat and Assess the Lumbar/Pelvic [SIJ] region
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  - Chapter 25. How to record Examination, Treatment and Assessment/Re-assessment
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  - Appendix 2. Planning and reflection sheets
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