

MESSAGE THERAPY, Integrating Research and Practice

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DESCRIPTION:

Massage Therapy: Integrating Research and Practice presents the latest research examining the evidence for the use of various massage therapy techniques in treating pathological conditions and special populations.

In this resource readers will find a synthesis of information from the diverse fields of physiology, medicine, nursing, physiotherapy and psychology.

Massage Therapy: Integrating Research and Practice offers both students and practitioners of massage therapy, the most up-to-date evidence-based information, guidelines and recommendations for the treatment of conditions often seen in massage therapy practice.

This essential reference will assist practitioners in understanding the scientific literature and its application in enhancing the practice of this safe and effective health intervention.

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