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DESCRIPTION:

Back Pain: a movement problem is a practical manual to assist all students and clinicians concerned with the evaluation, diagnosis and management of the movement related problems seen in those with spinal pain disorders. It offers an integrative model of posturo-movement dysfunction which describes the more commonly observed features and related key patterns of altered control. This serves as a framework, guiding the practitioner's assessment of the individual patient.

CONTENTS:

1. Introduction
 2. The problem of back pain
 3. The development of posture and movement
 4. The analysis of movement
 5. Classification of muscles
 6. Salient aspects of normal function of the torso
 7. Changed control of posture and movement - the dysfunctional state
 8. The common features of posturo-movement dysfunction
 9. The two primary patterns of torso dysfunction
 10. The clinical posturo-movement impairment syndromes
 11. Examining probable contributions towards dysfunctional posture and movement
 12. A functional pathology of the motor system involves a pattern generating mechanism underlying most spinal pain disorders
 13. Therapeutic approach
 14. Inherent implications in this model
- Glossary

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