

CARDIOVASCULAR DISEASE, Diet, Nutrition and Emerging Risk Factors

Cardiovascular Disease:
Diet, Nutrition and Emerging Risk Factors

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DESCRIPTION:

This important and timely book comprises the comprehensive and authoritative independent report of the British Nutrition Foundation Task Force on the link between emerging aspects of diet and cardiovascular disease, a major cause of early death and disability.

Written by leading experts in the area, Cardiovascular Disease: Diet, Nutrition and Emerging Risk Factors looks further than the well recognised factors such as high blood cholesterol and smoking to identify and explore more subtle markers of risk.

Chapters include coverage of novel lipid factors, vascular function, clotting factors, inflammatory factors, oxidative stress and homocysteine and early origins of adult disease. The impact of obesity, insulin resistance, genetic predisposition and factors related to adipose tissue are also addressed. Of vital use to a wide range of health professionals this cutting-edge book provides the reader with:

- core information for health professionals as well as those involved in food formulation in the food industry
- a dedicated question and answer chapter
- important conclusions and recommendations with ""take-home messages""

Dietitians, nutritionists, general and family practitioners, cardiologists, cardiovascular specialists, community nurses, personnel in the food industry involved in product formulation, production, labelling of packaging and marketing will find this a valuable reference. Lecturers, undergraduates and postgraduates in nutrition, dietetics, food science and medicine libraries in all research establishments, commercial organisations, medical schools and universities where these subjects are studied or taught will also find this an important addition to their shelves.

CONTENTS:

- 1 The Aetiology and Epidemiology of Cardiovascular Disease (Professor Keith Frayn and Sara Stanner).
- 2 Metabolic Syndrome: Insulin Resistance, Obesity, Diabetes Mellitus, Hypertension, Physical Activity and Genetic Factors (Dr Simon Coppack, Dr Vidya Mohamed-Ali and Dr Fredrik Karpe).
- 3 Lipid-Related Factors (Dr Fredrik Karpe).
- 4 Endothelial Dysfunction (Dr Naveed Sattar and Professor Gordon Ferns).
- 5 Oxidative Stress (Professor K. Richard Bruckdorfer).
- 6 The Haemostatic System: Coagulation, Platelets and Fibrinolysis (Professor George Miller and Professor K. Richard Bruckdorfer).
- 7 Inflammation-Related Factors (Dr Parveen Yagoob and Professor Gordon Ferns).
- 8 Homocysteine (Dr Robert Clarke).
- 9 Adipose Tissue-Derived Factors (Dr Vidya Mohamed-Ali and Dr Simon Coppack).
- 10 Fetal and Maternal Nutrition (Dr Caroline Fall).
- 11 Diet and Cardiovascular Disease: Where Are We Now? (Dr Judith Buttriss).
- 12 Physical Activity: Where Are We Now? (Dr Judith Buttriss and Professor Adrianne Hardman).
- 13 A Public Health Approach to Cardiovascular Disease Risk Reduction (Dr Judith Buttriss).
- 14 Conclusions of the Task Force.
- 15 Recommendations of the Task Force.
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