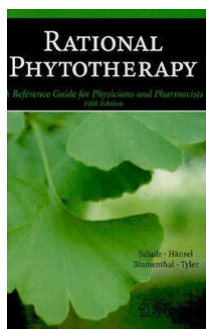


**RATIONAL PHYTOTHERAPY**

<b>Autor:</b>	Schulz	
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**DESCRIPTION:**

This book is a practice-oriented introduction to phytotherapy. Methodically classified by organic systems and fields of application, it offers a quick insight into dosage, form of application and effects of the most important herbal remedies. Only those herbal remedies that are of pharmacological and clinical efficiency have been considered. The authors are highly experienced in the field of postgraduate medical education, and, with this work, present an indispensable reference book for the medical practice. All practitioners and pharmacists interested in treatment with herbal remedies should have this book at their disposal.

**CONTENTS:**

1. Medicinal plants, phytomedicines, and phytotherapy.
2. Central nervous system.
3. Cardiovascular system.
4. Respiratory system.
5. Digestive system.
6. Urinary tract.
7. Gynecologic indications for herbal remedies.
8. Skin, trauma, rheumatism, and pain.
9. Agents that increase resistance to diseases.
- App. The 100 most commonly prescribed herbal medications in Germany.

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